

RELATIONSHIP OF LEPTIN HORMONE WITH INSULIN AND GLUCOSE IN ARABIAN CAMEL (*Camelus dromedarius*)

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ABSTRACT

The aim of current study was to know relationship of leptin hormone with insulin and glucose in Arabian camel (*Camelus dromedarius*). Two hundreds and forty male and female camels were used and divided into 3 groups according age (below 1 year, 1-3 years and above 3 years) for both sex and season (summer and winter). Blood samples were collected and plasma was separated. Leptin and insulin hormones were determined immunoenzymatically on ELISA and Elecsys systems, respectively. Glucose was estimated enzymatically by Reflotron system.

Leptin levels were affected by season variation, i.e. its level increases in winter than summer in female and vice versa in males. There was positive correlation between leptin and age in males and negative one in females. A synchronised increase in level of leptin and insulin was noticed with age advancement in males and decrease of those levels in females. Season variations had effects on glucose and insulin in camel plasma. There was an increase of both in male at winter than summer, while glucose and insulin levels increased in female at summer than winter. The results revealed that there was negative relation between glucose and insulin levels with age progression.

Key words: Arabian camels, glucose, insulin, leptin

Leptin is a protein hormone like cytokine produced from white fatty cells (Sayed *et al*, 2003 and Bartha *et al*, 2005). It has been reported to be secreted in humans and animals (Sinha *et al*, 1996 and Blache *et al*, 2000). Its receptors are found in placenta and foetal tissue (Muhlhausler *et al*, 2003), skeletal muscles (Wang *et al*, 1998), brain, CNS and pituitary (Yonekura *et al*, 2003), kidney medulla (Yanagihara *et al*, 2000), hotheaded digestive organs (Yonekura *et al*, 2002) and in most regions of dairy cattle (Chelikani *et al*, 2003 b), mammary gland (Yonekura *et al*, 2006). Leptin levels have been reported to be increased in human and ruminants after feeding and decreased due to food deficiency or prolonged starvation in ruminants (Morrison *et al*, 2001; Thomas *et al*, 2001). Plasma leptin level increases in acute infection (Bornstein *et al*, 1998) and during gestation (Lage *et al*, 1999). Leptin was also affected by seasonal variation in different environmental ruminants (Chilliard *et al*, 2005 b). It reached minimum limit in winter in ovariectomised cows (Garcia *et al*, 2002), decreased in autumn when compared with spring in cow calves (Reist *et al*, 2003), also increased in warm than cold (Asakuma *et al*, 2003). Delavaud *et al* (2004) reported that camel leptinemia return to humped weight (fatty cells mass), but insensitive to large variations in

nutrition levels, it increased gradually during 3 weeks of water deprivation (Chilliard *et al*, 2005a).

Insulin is responsible for glucose utilisation by liver, muscles and fatty tissues. Earlier workers have reported variation in the insulin levels due to dehydration (Charnot, 1967 and Yagil, 1985).

Glucose is an important carbohydrate substance for energy production in animals. In ruminants, glucose is produced from gluconeogenesis in liver, external layer of kidney and from intestine absorption. It is controlled by pancreatic enzyme, insulin and glucagon, cortisol, thyroxin and growth hormones. Camel's glucose levels are affected by many factors, i.e. nutrition, water deprivation, physiological state like pregnancy, lactation, age (MacSween and Whaley, 1992; Shier *et al*, 1999). In camel, levels of glucose varies widely (Al - Rehami *et al*, 1989). Yagil and Berlyne (1977a) and Nazifi *et al* (1998) reported that glucose rise in camels was more than other ruminants. Yagil and Berlyne (1977b) studied effects of dehydration on female camels aged (5-12 year) which led to increase in blood glucose. Mirgani and Bakhit (1987) found an increase in blood glucose in camel after treatment with molasses

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and following two hours of nutrition. Soliman *et al* (2002) found a glucose level decrease after 24 hours of starvation while Al-Katheeri *et al* (2004) recorded low glucose levels in plasma of camels treated with dexamethasone. Knight *et al* (1994) noticed gradual increase in serum glucose during exercise of training race camel. The aim of current study was to know relationship of leptin hormone with insulin and glucose in Arabian camel (*Camelus dromedarius*).

Materials and Methods

Blood samples were collected from 240 male and female camels which were divided into 3 sub groups according to age.

I- < 1 year.

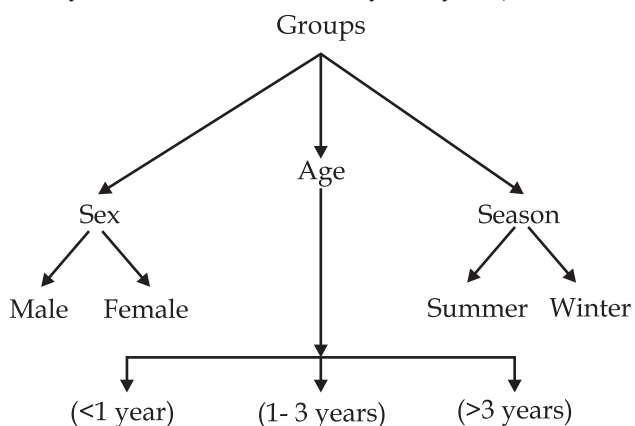
II- 1 - 3 years.

II- > 3 year.

Blood samples were collected from jugular vein in glass bottles containing EDTA and plasma was separated by centrifugation (Essamadi *et al*, 2002) and stored at - 20°C.

Leptin was estimated by The RayBio® Mouse Leptin ELISA (Enzyme - Linked Immunosorbent Assay), RayBiotech, Inc., Cat# : ELM-LEPTIN-001 (Zhou, 1997 and Way, 2001).

Insulin was estimated by the electrochemiluminescence immunoassay "ECLIA" (Roche Elecsys 1010/2010 and MODULAR ANALYTICS E170 - Elecsys module - immunoassay analysers), 12017547



122 (Bablok, 1988; Tietz, 1995; Chevenne *et al*, 1998; Clark, 1999; Sapin *et al*, 2001; Spain, 2003 and Owen and Robert, 2004).

Glucose was determined by-Quant (hexokinase) of Roche Diagnostics, Germany, test strips, REF 10744948 (Greiling and Gressner, 1995 and Thomas, 2000)* on Reflotron system.

Statistical analysis

Mean, SE, and F values were calculated using ANOVA test. Post Hoc test (Least significant differences) was done to compare the means with each other. Pearson correlation test and SPSS statistics programme were used for above analysis.

Results and Discussion

Table 1 showed that leptin levels in male and female camels ranged 0.29 ± 0.00 - 8.12 ± 0.06 ng / ml, which was close to leptin levels of (8.9 ± 0.5 ng / ml), (7.3 ± 0.5 ng / ml) in calves this value (Ehrhardt *et al*, 2000), (0.16 - 1.03 ± 0.13 ng / ml) lambs (Nagatani *et al*, 2000; Soliman *et al*, 2002) and horse (3.81 ± 0.45 ng / ml) at rest (Piccione *et al*, 2005). The current study showed the effects of season on leptin levels in camel. There was an increase in summer than winter in males, whereas increase in winter than summer in female, it ranged 0.60 ± 0.01 - 8.12 ± 0.06 ng / ml, 0.29 ± 0.00 - 5.50 ± 0.09 ng / ml, 0.60 ± 0.02 - 5.20 ± 0.09 ng / ml and 0.60 ± 0.01 - 6.20 ± 0.08 ng / ml in females respectively. Previous studies found that plasma leptin levels in males decreases with cold (Trayhun *et al*, 1998).

In this study there was synchronisation of an increase in leptin and insulin with decrease in glucose level in male camels with advancement of age while there was decrease in leptin and insulin with an increase in glucose was age advanced in female camel. These results agree with Kulcsar *et al* (2005) who reported that age affected leptin levels.

These results pointed that there was a high significant positive relationship between leptin and insulin whereas a high significant negative correlation with glucose, as shown in table 4. References were

Table 1. The effect of studied factors (age, sex and season) on leptin levels (ng/ml) in camel's plasma.

Season	Winter		Summer	
Sex Age (Years)	Female	Male	Female	Male
< 1	3.8 ± 0.17	2.31 ± 0.94	2.46 ± 0.72	2.15 ± 0.56
1 - 3	*4.73 ± 0.55	1.41 ± 0.48	1.22 ± 0.05	2.14 ± 0.44
> 3	*1.13 ± 0.19	*2.77 ± 0.86	1.59 ± 0.56	2.4 ± 0.62

F = 2.041* = The mean difference is significant at 0.05

Table 2. The effect of studied factors (age, sex and season) on glucose levels (mg/dl) in camel's plasma.

Season	Winter		Summer	
	Female	Male	Female	Male
< 1	131.00±4.06	125.23 ± 16.13	139.50 ± 4.28	2.15 ± 0.56
1 - 3	*129.85 ± 2.81	160.81 ± 9.188	159.00 ± 9.79	149.43 ± 8.24
> 3	*166.21 ± 15.00	*166.55 ± 44.58	158.80 ± 10.20	148.83 ± 9.43

F = 2.769 * = The mean difference is significant at 0.05

Table 3. The effect of studied factors (age, sex and season) on insulin levels (mIU/ml) in camel's plasma.

Season	Winter		Summer	
	Female	Male	Female	Male
< 1	57.30 ± 4.81	20.00 ± 0.01	14.50 ± 2.24	22.95 ± 2.47
1 - 3	*44.62 ± 6.88	*19.90 ± 1.43	*16.00 ± 1.63	**20.72 ± 0.56
> 3	**23.20 ± 1.67	*20.00 ± 0.01	23.07 ± 1.33	*32.50 ± 7.50

F = 11.066 * * = The mean difference is significant at 0.01

* = The mean difference is significant at 0.05

not found for camels about these relations. On other hand, previous researchers did not agree with current results. They found that there was negative correlation regulation between leptin and insulin release (Kieffer and Habener, 2000; Schwartz *et al*, 2000).

The difference in leptin levels may be attributed to sensitivity of the technique used in this study. Radio immunoassay could determine leptin levels as low as 0.5 ng / ml and could give difference of plasma leptin which was induced by nutrition, fats and sex (Ehrhardt *et al*, 2000). The high levels of leptin in current study may be explained by other hormonal factors such as glucocorticoids (Havel, 2004), growth hormone and prolactin (Flint *et al*, 2003; Zieba *et al*, 2003), progesterone and cortisol (Kulcsar *et al*, 2005).

Glucose levels showed wide range in camels. The values in table 2 ranged 92.00 ± 33.47 - 280.00 ± 0.03 mg/dl, previous study recorded 76.2 ± 4.4 mg/dl (Siam *et al*, 1993), 121 ± 17.3 mg/dl (Agrawal *et al*, 2005). In camel, glucose level are higher than other ruminant and animals (Duehlmeier *et al*, 2007) .

Insulin levels in current study (Table 3) ranged from 11.00 ± 0.01 to 75.60 ± 0.08 mIU / ml. There are few studies for camel insulin showing variation (Yagil, 1985 and Siam *et al*, 1993) recorded 5.8 ± 1.4 μ / l.

Table 2 and 3 shows that glucose and insulin levels increase in males during winter than summer, while in females camel those levels increase in summer than winter. This result agree with Yagil and Berlyne (1977a). The high level of glucose in camel plasma could be explained by Abdulaziz (1999) who

reported that large quantity of water could be saved by camels in summer season as at this time the blood contains traces of solid substance which leads to a increase in glucose concentrations.

Insulin level in males as shown in table 3 ranged 17.08 ± 2.92 - 50.00 ± 0.03 mIU / ml and in summer 11.00 ± 0.01 - 75.60 ± 0.08 mIU / ml in winter. In females it ranged 14.50 ± 2.24 - 72.00 ± 0.06 mIU / ml in summer and 20.00 ± 0.01 - 67.00 ± 0.04 mIU / ml in winter. This study showed that there is an effect of age on glucose and insulin levels in both male and female camels. It was noted that there was a high significant negative correlation between glucose and insulin as age increase showed in correlation. The rise of glucose level in camel returned to low insulin level which has role in glucose consumption by cells, also glucose level increase as a result of water deprivation and it followed by decrease in insulin. Khatim *et al* (1985) and Yagil (1985) showed that thirstiness of camel is like diabetic person while the low insulin level in camel is not abnormalities in secretory organ but resulted in water shortage and ratio of insulin releasing tissue to total tissue of Islet is affected by water control. It is possible that basal insulin level decreased to 30% during 10 days of water deprivation, whereas, glucose infusion leads

Table 4. Pearson correlation test of studied parameters in camel's plasma.

	Leptin	Insulin	Glucose
Leptin	-	-	-
Insulin	.455**	-	-
Glucose	-0.255**	-0.205**	-

** Correlation is highly significant at the 0.01 level (1 - tailed)

to increased insulin levels in camels. which in return lead to increase in glucose consumption by tissues (Yagil and Berlyne, 1977b).

The ability of camel to a climate with dry weather lead to save high glucose levels reach to 1300 mg% in blood with loss of water in urine. By this way, camel can retain water in plasma which lead to other factors for resistance of water deprivation (Yagil, 1985). It could be said that insulin secretory organ decrease response to loss of water, the released insulin depend on water availability (Jehad, 1995).

There is a poor insulin response and low sensitivity to insulin in camel tissues (Elmahdi *et al*, 1997; Kaske *et al*, 2001). In current study, there was a synchronisation between insulin and leptin. Morrison *et al* (2001) showed that insulin has cooperation ability with leptin for appetite reduction in ewe.

On other hand, the ability of camels to keep high glucose level in blood reflects active gluconeogenesis (Al-Ali *et al*, 1988). Also, variations in ambient temperature has effects on physiological process through direct effect on metabolism, which vary according to animal species or seasons (Faye *et al*, 1995).

High glucose level may be attributed to thyroid activity. Ganong (1995) found that an increase in basal metabolic rate is due to high thyroxin level. Abdel-Fattah *et al* (1999) explained that high level of glucose in camel blood return to higher glucagon level in camels than human and other ruminants. Nutrition play an important role in insulin levels (Morrison *et al*, 2001).

Bartha *et al* (2005) reported that energy metabolism in ruminants under control of hormonal factors (thyroid hormones, leptin). The low and high levels of leptin were induced by catabolism and anabolism, respectively. Leptin levels dominance in plasma is required for function maintenance.

Camels leptin needs further studies in details to evaluate physiological and other functions of it to use in economic and applied fields.

Acknowledgement

We thank to king Abdulaziz city for science and technology for their supporting.

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